	Atria Institute of Technology Department of Computer Science and Engineering Social and Value added Programs
Activity Name	Orphanage Visit
Date & Year	28th May 2022
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Activity Description	 Location - Sneha Jyothi Orphan Children's Home. Type of Project – Social Service No. of Attendees - 25 No of Beneficiaries - 300
Report	Students visited Sneha Jyothi Orphan Children's Home in Kengeri. SNEHA JYOTHI ORPHAN CHILDREN'S HOME (R) was started on 19th March 2010 at

Thagachaguppe Village, out and out a remote area situated at the outskirts of Bangaluru City. It is pathetic to find that in this area and its surroundings there are a lot of orphaned children without food, shelter or kith and kin. They are left to eke out their livelihood by working in houses or even worse begging in streets, doing petty errants, etc. We, at SNEHA JYOTI, try to help those desolate children who are left in the lurch, without anybody to take care of. We provide them good education, food and shelter so that they live gracefully in society. This is basically our main intention in forming an orphan children's home as a trust.

We donated steel plates to all the children, alos donated food grains and biscuits which were collected from students and faculties.

The children were engaged with activities which helped them learn the importance of nature and the environment.

Fun activities were also held like singing and dancing.

Students taught them about future education for these children based on their interests.

Health benefits of helping Orphanages and Orphans

- You'll feel more confident.
- You will feel fulfilled and purposeful.

Reduce stress and depression.
 Giving to others gives you a sense of fulfillment
 Stabilize your emotions.
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It helps you improve your skills:
One child can teach or interact with you so much
that it is amazing. Through the lessons you learn at
orphanages and activities like cooking and
teaching, you better understand the world and learn
to see it from different perspectives.
By stepping outside your normal routine and trying
something new, volunteering will help you expand
your skill set.
It is possible to develop new hobbies, interests, and
passions when you regularly try new and interesting
experiences.
Frequently, helping orphanages and orphans include
volunteer training, allowing you to gain new skills
and devote your time to helping people not only
within your community but near and far.
Enhance your mental health
It is also beneficial to our mental health to help
orphanages and orphans. The psychological and
physical health benefits of everything described
above, from exercise to fellowship with others, are
proven.
To fulfill this need can make us feel happier since
we live in a world where people naturally want to
help one another.

Community involvement:

You can feel a greater sense of belonging by keeping up with other people regularly. You can boost your sense of belonging and improve your self-esteem when you become an active member of your local community.

Being active in helping orphanages and orphans can open your mind to other viewpoints, help you become better accustomed to society, and help you prevent the detachment that is generally felt in modern society.

You can meet new people in your community by volunteering in orphanages and orphanages if you are in a new place.

It will also provide you with the opportunity to discover things about the region you probably wouldn't have learned otherwise.

Provide career opportunities:

By volunteering, you can enhance your CV by learning time management, interpersonal skills, and collaboration skills.

By developing the self-confidence to interact with others in a professional setting and following routines outside your own, employers are more inclined to consider you. An employer is often looking for specific skills in applicants, and having examples of volunteer work on your CV will help you ace an interview.

Images of the Activity:





